



Monday	Tuesday	Wednesday	Thursday	Friday
<p>05/06/2024</p> <p>Jerk Chicken & Brown Rice Jerk Chicken Meatless & Brown Rice (V/VG) Roasted Sweet Potatoes & Broccoli Apples Choice of Milk</p>	<p>05/07/2024</p> <p>WW Turkey Tacos AI Pastor WW Veggie Tacos AI Pastor (V/VG) Pico de Gallo w/ Tomatoes & Onions Fresh Pears Choice of Milk</p>	<p>05/08/2024</p> <p>Turkey Bolognese WG Pasta w/Parmesan Veggie Bolognese WG Pasta w/Parmesan Fruit Punch Juice Choice of Milk</p>	<p>05/09/2024</p> <p>Creamy Cilantro Lime Chicken WW Burrito Veggie WW Burrito (V) Chili w/ Black Beans, Corn & Tomato Fresh Oranges Choice of Milk</p>	<p>05/10/2024</p> <p>NO LUNCH</p>
<p>05/13/2024</p> <p>Chicken Parmesan Ck. Meatless Parmesan(V) Steamed Brown Rice Steamed Asparagus Fresh Pears Choice of Milk</p>	<p>05/14/2024</p> <p>WW Chicken Fajitas Ck. Meatless Fajita(V/VG) Elote in Cups Apples Choice of Milk</p>	<p>05/15/2024</p> <p>WG Sub Sloppy Joe w/ Mozzarella Cheese Veggie Sloppy Joe (V) Roasted Sweet Potatoes Bananas Choice of Milk</p>	<p>05/16/2024</p> <p>Chicken Alfredo WG Penne Pasta Veggie Alfredo Pasta (V) Steamed Broccoli Cranberry Juice Choice of Milk</p>	<p>05/17/2024</p> <p>Beef Burger & WG Bun Vegan Burger (V/VG) Balela Salad w/ Garbanzo, Tomato & Cucumber Fresh Tangerines Choice of Milk</p>
<p>05/20/2024</p> <p>Chinese Chicken Fried Rice w/Corn,Peas, G Beans Chicken Meatless Fried Rice w/Corn,Peas, G Beans Apples Choice of Milk</p>	<p>05/21/2024</p> <p>BYO Scoop Nachos w/Cheddar Sauce Cup BYO Scoop Veggie Nacho(V) Black Beans w/ Tomato & Corn Salad Fruit Punch Juice Choice of Milk</p>	<p>05/22/2024</p> <p>Buffalo Chicken WG Mac & Cheese Buffalo Chicken Meatless WG Mac & Cheese (V) Roasted Broccoli Fresh Pears Choice of Milk</p>	<p>05/23/2024</p> <p>Chicken Salad WW Sandwich Veggie Salad Sand. (V) Baby Carrots Ranch Dressing (ss) Fresh Tangerines Choice of Milk</p>	<p>05/24/2024</p> <p>Golden Crispy Chicken Tenders Breaded Veggie Tender-VG WG Biscuit Kale Salad w/ Cucumber & Tomatoes (V/VG) Ketchup (ss) Bananas Choice of Milk</p>
<p>05/27/2024</p> <p>NO SCHOOL TODAY</p>	<p>05/28/2024</p> <p>Chicken Enchiladas Veggie Enchiladas (V) Roasted Broccoli & Potato Medley Fresh Pears Choice of Milk</p>	<p>05/29/2024</p> <p>Tomato N' Cheese Pasta(V) Apples Choice of Milk</p>	<p>05/30/2024</p> <p>Chicken Burrito Bowl w/Black Beans & Corn Chickenless Burrito Bowl w/ Beans and Corn (V/VG) Orange Juice Choice of Milk</p>	<p>05/31/2024</p> <p>Breaded Chicken Nuggets Veggie Chicken Nugget(VG) WG Biscuit Tangy Salad w/Carrot, Celery & Yogurt Dress.(V) Ketchup (ss) Bananas Choice of Milk</p>

Available Choice of Milk: Unflavored 1% milk, unflavored skim milk, Lactose Free or Soy (Upon Request)

**** Denotes meals only for K to 8th**

Locally Grown Components Daily Served: According to the season fruits and vegetables locally grown will be added on Breakfast and/or Lunch menu: Apples (MD/PA/VA), Sweet Potatoes (NC), Broccoli (MD/ NC), Lettuce Romaine (NY), Kale (NJ), Tomato(PA), Onions (VA/ MD), Potatoes (PA), Cabbage (NC,PA/VA), Asparagus (VA/PA/MD), Peppers (VA)

Dairy - Free (DF), Gluten Free (GF), Vegan (VG), Vegetarian (V) options available daily upon request. WG = Whole Grain WW = Whole Wheat

Please reach out to us if you have questions or comments at menu@luncherasdisi.com

Apr 23, 2024