



Monday	Tuesday	Wednesday	Thursday	Friday
<p>01/01/2024</p> <p>NO SCHOOL TODAY</p>	<p>01/02/2024</p> <p>NO LUNCH</p>	<p>01/03/2024</p> <p>Fiesta Brown Rice Chicken w/ Corn, G. Peas & Carrot Br. Rice Chicken Meatless Corn,G. Peas &Carrot(V/VG Bananas Choice of Milk</p>	<p>01/04/2024</p> <p>Chicken Caesar WW Wrap Chicken Meatless Caesar WW Wrap (V) Celery Sticks Fresh Pears Choice of Milk</p>	<p>01/05/2024</p> <p>Chili Turkey Hot Dog** on a WG Bun Chili Veggie Hot Dog (VG) Mashed Sw. Potato (V) Grape Juice Choice of Milk</p>
<p>01/08/2024</p> <p>Roasted Chicken Baked Chickenless (V/VG) Middle Eastern Brown Rice w/Lentils (V/VG) Fresh Pears Choice of Milk</p>	<p>01/09/2024</p> <p>Golden Crispy Chicken Tenders Breaded Veggie Tender-VG WG Biscuit Kale Salad w/ Cucumber & Tomatoes (V/VG) Ketchup (ss) Fruit Punch Juice Choice of Milk</p>	<p>01/10/2024</p> <p>One Pot Chicken Fajita Pasta w/Rd. & Gr. Pepper Chicken Meatless Fajita WG Pasta(V/VG) Bananas Choice of Milk</p>	<p>01/11/2024</p> <p>Turkey Meatballs WG Sub. w/Cheese Veggie Meatballs WG Submarine (V/VG) Sauted Green Collards Fresh Oranges Choice of Milk</p>	<p>01/12/2024</p> <p>WG Cheese Pizza (V) Sweet Corn Apples Choice of Milk</p>
<p>01/15/2024</p> <p>NO SCHOOL TODAY</p>	<p>01/16/2024</p> <p>Beef Meatballs w/ Brown Rice & Bk. Beans Veggie Meatballs w/ Brown Rice & Beans (V/VG) Fresh Pears Choice of Milk</p>	<p>01/17/2024</p> <p>Corn Dog Chicken Mini WG Veggie Hot Dog** Roasted Potatoes & Green Beans Medley Ketchup (ss) Bananas Choice of Milk</p>	<p>01/18/2024</p> <p>WW Chicken Fajitas w/ Red Peppers WW Chicken Meatless Fajita w/Rd. Pepper(V/VG) Apples Choice of Milk</p>	<p>01/19/2024</p> <p>Turkey Burger & WG Bun Vegan Burger (V/VG) Romaine & Tomato Salad Ketchup (ss) Orange Juice Choice of Milk</p>
<p>01/22/2024</p> <p>One-Pan Turkey Taco WG Macaroni & Cheese One-Pan Veggie Taco WG Macaroni & Cheese(V) Roasted Broccoli Apples Choice of Milk</p>	<p>01/23/2024</p> <p>Tk. Breast Strips w/Gravy over Mashed Potato & Roll Meatless Strips w/Gravy, Mashed Potato & Roll(VG) Cranberry Juice Choice of Milk</p>	<p>01/24/2024</p> <p>Breaded Chicken Nuggets Veggie Chicken Nugget(VG) Steamed Carrots WG Biscuit BBQ Sauce (ss) Bananas Choice of Milk</p>	<p>01/25/2024</p> <p>Black Beans & Rice WW Burrito w/Cheese (V) Fresh Pears Choice of Milk</p>	<p>01/26/2024</p> <p>Chipotle BBQ Pulled Chicken WG Slider Chipotle BBQ Meatless WG Slider (V/VG) Fresh Carrots & Cucumber Green Salad Fresh Tangerines Choice of Milk</p>
<p>01/29/2024</p> <p>Fiesta Brown Rice Chicken w/ Corn, G. Peas & Carrot Br. Rice Chicken Meatless Corn,G. Peas &Carrot(V/VG Fresh Pears Choice of Milk</p>	<p>01/30/2024</p> <p>Chicken & Tk. Bacon WG Pasta w/Tomato & Spinach Chicken Meatless WG Pasta w/Tomato & Spinach(V) Fresh Tangerines Choice of Milk</p>	<p>01/31/2024</p> <p>Cranberry Turkey Chili over Brown Rice Cranberry Plant Based Chili & Brown Rice (V/VG) Apples Choice of Milk</p>	<p>02/01/2024</p> <p>Chicken Caesar WW Wrap Chicken Meatless Caesar WW Wrap (V) Baby Carrots Grape Juice Choice of Milk</p>	<p>02/02/2024</p> <p>Cheese Lunch Pizza w/ Chicken & Beef Pepperoni WG Cheese Pizza (V) Vanilla Winter Squash (V) Bananas Choice of Milk</p>

Available Choice of Milk: Unflavored 1% milk, unflavored skim milk, Lactose Free or Soy (Upon Request)

Locally Grown Components Daily Served: According to the season fruits and vegetables locally grown will be added on Breakfast and/or Lunch menu: Apples (MD/PA/VA), Carrots (PA), Sweet Potato (NC), Cucumber (MD/NJ), Potatoes (PA/MD), Arugula (PA), Collards Green (NJ), Tomato (MD), Celery (PA), Green Pepper (NJ), Cabbage (PA).

Dairy - Free (DF), Gluten Free (GF), Vegan (VG), Vegetarian (V) options available daily upon request.

WG = Whole Grain WW = Whole Wheat **=Served only for K to 8 meals